



Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

Incorporating the SCCA Friction & Hydraulics Points Series

**Wednesday 5<sup>th</sup> June 2024 7.00pm**

**HQ: Berriew Community Centre SY21 8PD (B4385), please park considerably.**

**Timekeeper:** Mr Des Pugh Hafren CC

**Timekeeper's Asst:** Mr Rob Basson Oswestry Paragon CC

**Event Secretary :** Neil Vose Cornerways, Forden SY21 8LT Tel: 07791 274559

**COURSE D310/1**

**Start in lay-by on A483 south west of Welshpool (near Lazy Leek café), proceed north-east 3.15 miles to Bryn Sarn RAB, take 2<sup>nd</sup> exit to Station RAB, encircle and retrace, to Bryn Sarn RAB 2<sup>nd</sup> exit. Finish at grid opposite Northwood Motor Company**

**IMPORTANT INSTRUCTIONS TO ALL COMPETITORS**

Please note updated CTT regulations requiring a working front as well as rear light and the compulsory use of helmets for all competitors:

In accordance with Regulation 14(i) No competitor shall be permitted to start unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

In accordance with Regulation 14(j) No competitor shall be permitted to start unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

There will be a separate start line official checking compliance with the regulations. Any competitor not in compliance will not be allowed to start.

**General Riding safety**

Riders are advised to warm up off course - Please ride with your head up at all times and respect the rules of the road as laid down in the Highway Code - Do not perform U turns on the course within sight of the start and finish points (Failure to comply will lead to disqualification).

**Headquarters**

Headquarters will be at Berriew Community Centre, SY21 8PD (B4385)

Toilets and changing facilities will be available in the Community Centre.

Sign on/Sign off - will be outside the village hall - with sign on/sign off sheets on the table.  
CTT Regulation 17d - Signing off - Competitors MUST return to the event HQ either during the event or within a reasonable time after the last rider has finished and sign the official signing out sheet.

**Prizes**

There will be no prizes, we will be making a donation to Wales Air Ambulance instead.  
Have a safe ride and we hope to see you again at the other Hafren CC events